

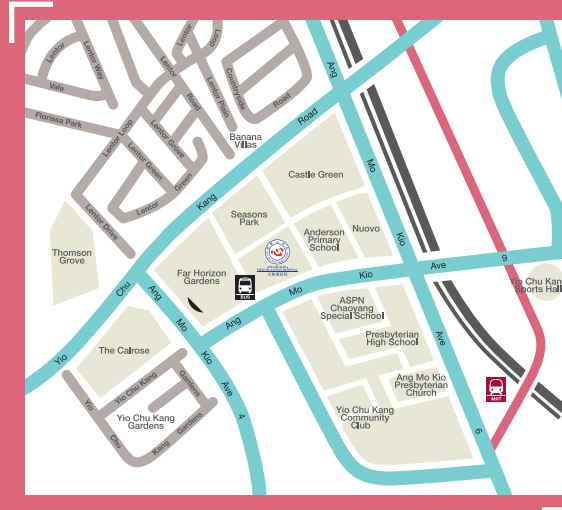
Our Day Rehabilitation Centre caters to patients requiring continual rehabilitation after their discharge from the Hospital. With a customised care plan for every patient, we aim to assist patients to regain their independence and mobility, for a smooth integration back into society.



Our team of physiotherapists, occupational therapists, *speech therapists and *dieticians provide a comprehensive range of services for patients suffering from a variety of medical conditions.

**based on doctor's referral*

To serve you better ... Always!



Getting to Ang Mo Kio - Thye Hua Kwan Hospital

SBS Bus 268, 76, 265
Nearest MRT Station Yio Chu Kang

Please contact the Day Rehabilitation Centre for more information.

17 Ang Mo Kio Ave 9 Singapore 569766
Main (65) 6450 8033 | Centre DID (65) 6450 6150
Main Fax (65) 6454 1729| Centre Fax (65) 6450 6153
✉ day_rehab@amkh.org.sg
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ANG MO KIO -
THYE HUA KWAN HOSPITAL
太和观医院



Day Rehabilitation Centre

ANG MO KIO -
THYE HUA KWAN HOSPITAL

Services available:

Physiotherapy Services

Physiotherapists help patients regain their physical mobility and strength through a variety of exercises and treatment techniques.

- Physical and functional assessment
- Therapeutic exercises
- Therapeutic modalities
- Functional mobility/gait/balance training
- Walking aids and appliances prescription
- Caregiver Training

Occupational Therapy Services

Occupational therapists work with patients to develop and maintain their capacity to perform daily tasks and self-care.

- Functional assessment and training of Activities of Daily Living (ADL)
- Cognitive and perceptual assessment and training
- Upper limb strengthening and reconditioning
- Sensory and motor re-education
- Designing and fabrication of splints / orthotics
- Prescription of assistive devices and adaptive equipment



Speech Therapy Services

Speech therapists aim to maximise a person's swallowing and communication abilities after an illness.

- Speech and language therapy
- Dysphagia management
- Cognitive therapy

Dietetics Services

Dietitians provide dietary counselling, develop and monitor goal-directed nutrition care plans for patients.

- Lipid lowering diet
- Diabetes diet management
- Weight Management
- Specific nutrient deficiencies and diet modifications
- Eating well on texture modified diet
- Stoma diet / low residue diet
- Nutrition support for malnourished patients
- Wound healing diet
- Review of enteral / tube feeding regime



For Appointments

We require a referral letter from the Agency of Integrated Care (AIC) and a medical letter from your medical practitioner with the following information:

- medically assessed and certified by a doctor that you are fit for rehabilitation
- your present medical condition
- your medical history

Opening Hours

Monday to Friday: 8.30 am to 5.30 pm.
Closed on weekends and Public Holidays

For Enquiries

Please call us at **6450 6150** or email to day_rehab@amkh.org.sg for further assistance.