



“Getting Back on Her Feet”

For Mdm Teo Kim Huay, life had not been easy. The 59-year old had a tough time making ends meet and also had to take care of her visually-handicapped sister.

However, events took a turn for the worst when Mdm Teo met with an accident while crossing the road, leaving her with a lower hip fracture. She was then admitted to Ang Mo Kio - Thye Hua Kwan Hospital (AMK-THKH) for rehabilitation in June 2010. She speaks with us...

At first, I was distraught to learn that I could not stand and walk. Even a daily routine such as bathing was difficult. I became worried about what our lives will become if I do not recover as I have to take care of my sister, Kelly, who is blind. This made me feel very despondent and helpless.

But the team at AMK-THKH never gave up on me. They helped me with their physiotherapy exercises to improve the strength and mobility in my leg. Every single step was extremely difficult as I was fearful of suffering another injury. The team patiently guided me along and soon enough I was able to walk slowly with the assistance of a frame walker.

The Hospital also subsidised my stay and assisted me with the home modifications that I needed through its Patient Welfare Fund. They gave me a wheelchair to use. Knowing my limited capability to perform daily routine tasks and household chores, the medical social workers also arranged for home help services to provide meals delivery and housekeeping services for me.

Without the Hospital's help, I would not have made it through these trying times. I am very grateful for the help and support provided by them. They taught me to stay strong and hopeful.

My goal now is to be able to take evening strolls with Kelly again, just like I used to.

ACRA No: 200201385C

Healing Hands, Caring Hearts 妙手回春，爱心关怀

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